

Before You Travel

A calm starting point for cruises, resorts, and independent trips.

Complete what applies to your trip. Requirements and timing vary by destination, supplier, and traveler.

1 TRAVEL DOCUMENTS & PROTECTION

- ☐ Check passport validity and identification requirements.
- ☐ Confirm visa, ETA, ETIAS, or entry requirements using official sources.
- ☐ Keep travel insurance details and the emergency-assistance number handy.
- ☐ Store secure copies of key documents separately from the originals.

2 TRANSPORTATION & RESERVATIONS

- ☐ Save flight, hotel, cruise, resort, transfer, and tour confirmations.
- ☐ Know how you will get from the airport or port to your first stop.
- ☐ Note check-in times, addresses, terminals, and reservation contacts.
- ☐ Allow sensible connection time and plan for possible delays.

3 HEALTH, MONEY & COMMUNICATION

- ☐ Pack medications in your carry-on, preferably in original labeled containers.
- ☐ Carry emergency contacts and medical information; confirm your phone or eSIM plan.
- ☐ For cash, prefer a bank-affiliated ATM; confirm your card's fees and limits.
- ☐ At an ATM, decline conversion to U.S. dollars and choose the local currency.

POWER IN EUROPE: ADAPTER OR CONVERTER?

Most modern phone, tablet, camera, and laptop chargers are dual-voltage. Check the small INPUT label: if it says 100-240V, you do not need a voltage converter in Europe. You still need the correct plug adapter for the country you are visiting.

Do not assume hair dryers, curling irons, heating pads, or other heat-producing appliances are dual-voltage. Check the label and manufacturer instructions before using them abroad.

The Final Details

Keep essentials close, confirm the logistics, and leave room to enjoy the trip.

4 PACK THE ESSENTIALS

- ☐ Weather-appropriate layers and comfortable walking shoes.
- ☐ Chargers, plug adapters, and a small portable battery.
- ☐ Toiletries, sunscreen, glasses, and personal necessities.
- ☐ One change of clothes and critical items in your carry-on.

5 CRUISE & RESORT EXTRAS

- ☐ Download the supplier app and complete online check-in when available.
- ☐ Review luggage tags, boarding documents, transfers, and arrival instructions.
- ☐ Check dining, activity, excursion, and attire information for your trip.
- ☐ Confirm what is included and what may be charged separately.

6 YOUR FINAL 48 HOURS

- ☐ Check in for flights and save boarding passes for offline access.
- ☐ Reconfirm transfers and review the latest weather and travel notices.
- ☐ Charge devices and download apps, maps, documents, and entertainment.
- ☐ Place identification, medications, valuables, and essentials in your carry-on.
- ☐ Share your itinerary and emergency contacts with someone you trust.
- ☐ Complete simple home preparations: mail, pets, lights, thermostat, and keys.

ONE LAST REMINDER

This is a general checklist, not a substitute for the instructions issued for your exact destination, cruise, resort, airline, or tour. I will help you confirm the details that apply to your trip.

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